

CURRICULUM VITA
SANDA GIBSON, M.A., PHD, PCC-S
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EDUCATION

- Ohio University, Athens, OH
Doctor of Philosophy, Counseling Education and Supervision
- Ashland Theological Seminary, Ashland, OH
M.A. Clinical Counseling, Highest Honors
- Columbus State Community College, Columbus, OH
Associate Degree, Technical Communication, High Honors
- Wheaton College, Wheaton, IL
B.A. Philosophy, High Honors

EMPLOYMENT HISTORY

- Clinical Counselor, Denison University, 2013-present
- Counselor Supervisor, BASICS Program, 2013, Ohio University
- Teaching Intern and Adjunct Instructor, University of Dayton, 2012-2013
- Supervisor, BASICS Program, Ohio University, 2013 (full-time temporary position)
- Staff Counselor, Denison University, 2012 (full-time temporary position)
- Clinical Counselor Intern, Counseling & Psychological Services, Ohio University, 2010-2012
- Clinical Counselor, North Community Counseling, 2008-2010
- Counselor Trainee, Wellspring Counseling, Columbus, OH, 2007-2008
- Counselor Trainee, Smetzer Counseling Center, Ashland, OH, 2006-2007
- Graduate Assistant, Counseling Department, Ashland Theological Seminary, 2007-2008
- Marketing Assistant, Thrivent Financial, Columbus, OH, 1988-2005
- Freelance Writer, Columbus, OH, 1995-2005
- Business & Industry Development Writer (Internship), Columbus State, 2003
- Grant Writer (Internship), Columbus State, 2002

COLLEGE-RELATED SPECIALTIES

- EDIT (Eating Disorders Interdisciplinary Team), Denison University
- The Productivity Circle (group for students with ADHD), Denison University
- Alcohol/Drug Intervention: BASICS (Brief Alcohol Screening and Intervention for College Students), Ohio University
- ADHD Coaching: Coaching Teens and College Students With ADHD (JST Coaching certification)
- Co-facilitator of Attention Differences Group for student with attention issues, Ohio University
- Co-facilitator of Mindful Emotions Group for students with emotional regulation issues, Ohio University

MEMBERSHIPS AND ASSOCIATIONS

- American Counseling Association (ACA)
- Association for Spiritual, Ethical & Religious Values in Counseling (ASERVIC)
- Association for Creativity in Counseling (ACC)
- Association for Specialists in Group Work (ASGW)
- American College Counseling Association (ACCA)
- Ohio Counseling Association (OCA)
- Board Member, The Center for Balanced Living

PUBLICATIONS

- "Turning Points," *Counseling Today*, January 2014
- "Mindful Eating," *Connections*, Ohio Association for Spiritual, Ethical & Religious Values in Counseling, Vol. 12, Issue 2, Spring 2010
- "SOQIC Meets Spiritual Competencies," *Connections*, Ohio Association for Spiritual, Ethical & Religious Values in Counseling, Vol. 12, Issue 1, Fall 2009
- "Empty Chair Offers Closure to Grieving Clients," *Counseling Today*, Vol. 52, No. 3, September 2009
- "Recalibrating for Good Self-Care Using Dialectical Behavioral Therapy," *Guidelines*, Ohio Counseling Association, Vol. 35, No. 2, Spring 2009
- "Counselor, Welcome to Your Crisis," *Counseling Today*, Vol. 51, No. 4, October 2008
- Book Review on *The Redemptive Self* by Don P. McAdams, *Ashland Theological Journal*, Vol. XL, 2008
- "A Retrospective Lens," *The Light*, Ashland Theological Seminary, April 2008
- "The Path to Quality Practice: Be a Supervision Consumer," *Guidelines*, Ohio Counseling Association, Vol. 33, No. 4, Summer 2007

PRESENTATIONS

- The Productivity Circle: Collaborative Work to Empower Students with ADHD, Ohio College Personnel Association, 2017 (presented with Vestal, J.)
- Distracted, Disorganized, and Discouraged: Creating a Psychoeducational/Coaching Group to Steer Students with ADHD Toward Self-Efficacy and Success, American College Counseling Association, 2017
- Helping Skills, Denison University Student Development, 2017
- Teaching, Learning, and the Brain, Denison University Faculty Education Series, 2017 (presented with Vestal, J.)
- Active Listening, Denison University Student Development, 2016
- Brain Booster Workshop, Denison University Students with ADHD (presented with Marty, C.)
- Emotional Mental Fitness: Crossing Cultural Barriers to Wellness, Denison University Student Development, 2016
- Residential Advisor Training, Denison University Residential Life Staff, 2016 (presented with counseling staff)
- Psychological First Aid: Observing, Listening, Planning, Referring, and Following Up, 2015 (presented with counseling staff)

- Distracted, Disorganized, Delivered: A Group Model Providing Psychoeducation, Support, and Coaching for Assisting College Students with ADHD, All Ohio Counselors Association, November 2013 (presented with Williams, S.)
- ADHD and the College Experience, Ohio University, 2013 (webinar with Williams, S.)
- Voices of Appalachia, All Ohio Counselors Association, 2011 (presented with Pillay, Y., Fulton, B., Fanning, G., Soto, W., Yost, D.)
- ADHD: the Hidden Disability: How to Help Your Consumers Succeed in Academia, Ohio Department of Rehabilitation, 2012 (presented with Williams, S.)
- The Magic of Bibliotherapy: Using Stories to Help Children Cope With Loss and Build Resiliency, All Ohio Counselors Conference, 2011 (presented with Imhoff, B.)
- I Think Therefore I Am: A Comparative Study of Perceived Wellness Between First Year and Second Year Master's Level Counseling Students at a Midwestern University" Association for Counselor Education and Supervision Conference, 2011 (presented with Lopez, C. and Imhoff, B.)
- Mindful Eating: A Sane approach to Client Wellness, Ohio University Graduate Education Annual Research Conference, 2011
- The Use of Digital Narratives to Enhance the Recovery of Clients with Disabilities, Ohio Rehabilitation Counseling Association, 2011 (presented with Pillay, Y.)
- A Different Brain Needs a Different Hat: Helping Students Manage Attention Differences, Ohio University Student Affairs Divisional Meeting, 2011 (presented with Williams, S., Mahoney, M.)
- The Use of Digital Narratives to Enhance Counseling and Psychotherapy, All Ohio Counselors Conference, November 2010 (presented with Pillay, Y.)
- Soul Food: The Spirituality of Eating, Association for Spiritual, Ethical & Religious Values in Counseling Biannual Conference, 2010
- Mindful Eating, Ashland Theological Seminary class lecture (Ashland campus), May 2010
- Trees and Tales: The Art and Science of Diagnosis, All Ohio Counselors Conference, 2009 (presented with Mann, D.)
- The ASERVIC Spiritual Competencies: How can Counselors Ethically Apply Spirituality in Counseling Practice?", All Ohio Counselors Conference, 2009 (presented with Sadler-Gerhardt, C.)
- "Re-Storying Lives: Narrative Approaches to Empowering Clients," All Ohio Counselors Conference, 2008 (presented with Mann, D.)
- "Narrative Therapy," Ashland Theological Seminary class lecture (Ashland and Detroit campuses), 2008

AWARDS/COMMUNITY SERVICE

- Innovative Program Award, Ohio College Personnel Association, 2017
- Scholarship Winner, Association for Specialists in Group Work, 2012
- American Counseling Association Foundation Honorable Mention Essay Winner, 2011
- The Center for Balanced Living, Board Member, Columbus, OH, 2015-present

References available upon request.

