Updated 4/23/2020

State	Services Available
Alabama	· Guidance & support finding local mental health services.
Alaska	· Guidance & support finding local mental health services.
Arizona	· Guidance & support finding local mental health services.
Arkansas	· Guidance & support finding local mental health services.
California	· Guidance & support finding local mental health services.
Colorado	 Guidance & support finding local mental health services. Time limited TeleCounseling when appropriate.
Connecticut	 Guidance & support finding local mental health services. Time limited TeleCounseling when appropriate.
Delaware	· Guidance & support finding local mental health services.
District of Columbia	 Guidance & support finding local mental health services. TeleCounseling when appropriate.
Florida	 Guidance & support finding local mental health services. Time limited TeleCounseling when appropriate.
Georgia	· Guidance & support finding local mental health services.
Hawaii	· Guidance & support finding local mental health services.
Idaho	· Guidance & support finding local mental health services.
Illinois	 Guidance & support finding local mental health services. TeleCounseling when appropriate.
Indiana	 Guidance & support finding local mental health services. TeleCounseling when appropriate.
Iowa	· Guidance & support finding local mental health services.
Kansas	· Guidance & support finding local mental health services.
Kentucky	· Guidance & support finding local mental health services.

Louisiana	· Guidance & support finding local mental health services.
Maine	· Guidance & support finding local mental health services.
Maryland	· Guidance & support finding local mental health services.
Massachusetts	 Guidance & support finding local mental health services. TeleCounseling when appropriate.
Michigan	 Guidance & support finding local mental health services. TeleCounseling when appropriate.
Minnesota	 Guidance & support finding local mental health services. Time limited TeleCounseling when appropriate.
Mississippi	· Guidance & support finding local mental health services.
Missouri	· Guidance & support finding local mental health services.
Montana	· Guidance & support finding local mental health services.
Nebraska	· Guidance & support finding local mental health services.
Nevada	 Guidance & support finding local mental health services. TeleCounseling when appropriate.
New Hampshire	· Guidance & support finding local mental health services.
New Jersey	 Guidance & support finding local mental health services. TeleCounseling when appropriate.
New Mexico	· Guidance & support finding local mental health services.
New York	 Guidance & support finding local mental health services. TeleCounseling when appropriate.
North Carolina	 Guidance & support finding local mental health services. TeleCounseling when appropriate.
North Dakota	· Guidance & support finding local mental health services.
Ohio	 Guidance & support finding local mental health services. TeleCounseling when appropriate.
Oklahoma	· Guidance & support finding local mental health services.

Oregon	· Guidance & support finding local mental health services.
Pennsylvania	Guidance & support finding local mental health services.TeleCounseling when appropriate.
Rhode Island	· Guidance & support finding local mental health services.
South Carolina	 Guidance & support finding local mental health services. TeleCounseling when appropriate.
South Dakota	· Guidance & support finding local mental health services.
Tennessee	· Guidance & support finding local mental health services.
Texas	· Guidance & support finding local mental health services.
Utah	· Guidance & support finding local mental health services.
Vermont	· Guidance & support finding local mental health services.
Virginia	· Guidance & support finding local mental health services.
Washington	· Guidance & support finding local mental health services.
West Virginia	· Guidance & support finding local mental health services.
Wisconsin	 Guidance & support finding local mental health services. Time limited TeleCounseling when appropriate.
Wyoming	· Guidance & support finding local mental health services.